

About Y-PREP

Y-PREP is designed to serve youth placed in foster care ages 14-21, who are pregnant and/or parenting with a goal of another planned permanent living arrangement or APPLA. Y-PREP services are also available to youth who have left the foster care system, have a history of foster care or are in the process of leaving foster care. Y-PREP offers case management services both on an individual level as well as in groups (if applicable). Services are individualized based on the needs of each youth.

Homespace strives to foster an environment in which young families can learn to grow, communicate and care for each other with the ultimate goal of producing a stable, healthy and functional unit.

CONTACT US TODAY TO FIND OUT IF WE CAN HELP YOU ACHIEVE THIS GOAL FOR YOURSELF OR A YOUTH YOU CARE ABOUT!

**Alexandra Mastoras, LMSW
Homespace Corporation**

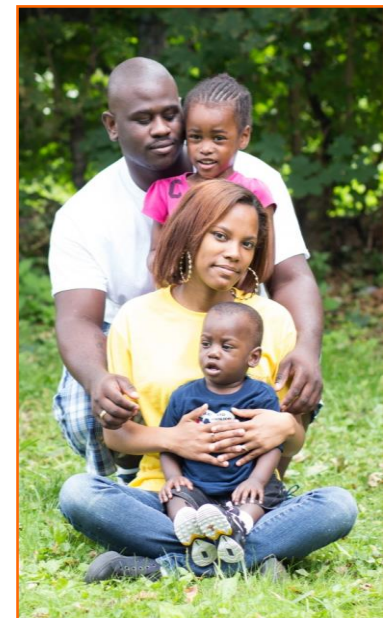
716-881-4600

Alexandra.Mastoras@homespacecorp.org



Young Parent Resource & Empowerment Program (Y-PREP)

A program serving young pregnant and/or parenting youth (males and females).





Services

Each youth in the Y-PREP program is provided with the following:

- One-on-one meetings
- Group sessions
- Training groups
- Experiential learning to improve their skill set

Focus Areas Include:

- Education/Vocation
- Parenting skill development
- Prenatal care/birth support
- Coping skills
- Healthy Relationships
- Career Exploration, Job Placement and Retention
- Daily Living Skills
- Mental, Physical, Emotional, and Behavioral Health
- Housing



Eligibility

Primary Eligibility Requirements

- Pregnant and/or Parenting
- 14-21 years old (Male or Female)
- Currently in foster care (not required), in the process of leaving foster care, history of foster care, or at risk of foster care placement.

Y-PREP is also suited to help youth in the following situations:

- At risk of homelessness
- Poor school attendance/performance or at risk of dropping out of school
- Youth involved in the juvenile justice system and/or child protective services
- History of disruptive behaviors

Services Continued

Ongoing crisis management will be provided through an on-call system as well as appropriate clinical services to meet the youth's needs. Y-PREP is focused on a team approach geared towards developing a partnership with the youth and involved family members who will provide support, guidance and training on an individual basis. Each youth will work with the Y-PREP Case Planner and Independent Living Trainer.



Contact Us

Alexandra Mastoras, LMSW
Homespace Corporation
1030 Ellicott St.
Buffalo, NY 14209

716-881-4600
Alexandra.Mastoras@homespacecorp.org

Visit us on the Web:
www.homespacecorp.com