



# YOUNG PERSON RESOURCE AND EMPOWERMENT PROGRAM (Y-PREP) FAST FACTS

## WHAT

Y-PREP is designed to serve youth who have aged out of foster care, ages 18-24. Y-PREP services focus on teaching life skills to be a productive adult including, but not limited to: receiving a GED, attending trade school, job hunting, finding an apartment, budgeting, time-management, self-advocacy, applying for benefits like SNAP and WIC, and mental health services.

## WHERE

135 Delaware Avenue, Buffalo NY 14209

## FACILITIES

Our Y-PREP counselor typically meets clients out in the community, whether that be grocery shopping at a local market, for a coffee at Tim Horton's, or at the court house. It is always structured in a manner that is conducive to the youth achieving goals and conquering the issues of every day independent adult life. This can look like in-person help with budgeting while grocery shopping, or discussing mental health and lending an ear to listen over coffee, to in-person help with a loan application, building resumes, a second set of eyes to read and edit a college application, assistance with applying for scholarships, and more.


## PROGRAMS

Y-PREP services offer guidance and assistance for every day life as an independent adult aging out of the foster care system. Services include: help with budgeting, mental health as a listening ear and referrals to professional mental health services, loan applications, SNAP benefits, child support, help getting medical resources, legal assistance, resume building, applying for college acceptance and applying for college scholarships. There is also a fund for purchases that would help the youth meet goals, such as purchasing a laptop for college, or a new charger for an existing electronic device, professional clothing for a job interview, and paying for movers as they go on their own into an apartment in the community.

## ELIGIBILITY

Youth aging out of foster care or who have signed themselves out of foster care, up to the age of 24. Referrals can only be generated within Erie County for this program.

## CONTACT

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## VALUES

*Family ~ Self-Sufficiency ~ Responsibility ~ Security ~ Resiliency*